

Comfort & Joy: Preparing for the Holidays with Dementia



WEDNESDAY, NOVEMBER 19TH • 2:00PM - 3:30PM

The holiday season can be filled with laughter, lights, and love, but for caregivers, it can also bring stress. Join us for our Varietas® Memory Café where we will explore practical tips for navigating holiday routines, visitors, decorations, meals, and redirection strategies. Together, we'll learn how to create moments of comfort and joy for our loved ones living with dementia. We will also enjoy a fun holiday craft courtesy of our partner, Clover Care.

PLEASE RSVP BY NOVEMBER 17TH TO:

Regina Smith, Memory Care Director
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317.271.0100

 **TRADITIONS**
at REAGAN PARK

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