

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2022

Varietas

							11:00- Sit & Stretch 12:00- Lunch 1:30- Rest & Relax 3:00- Snack 3:30- Fancy Nails 4:00- BBET 5:00- Dinner <i>New Year's Day</i>	1					
10:30- Devotions 11:00- Sit & Stretch 12:00- Lunch 1:30- Rest & Relax 2:30- Snack/Puzzles 3:00- BBET 5:00- Dinner	2	10:00- Starting up 10:30- Toss the Ball 11:00- BBET 12:00- Lunch 1:30- Rest & Relax 2:30- Snack 3:00- Popcorn & a Movie 4:00- Words of Affirmation 5:00- Dinner	3	10:00- Starting up 10:30- Cornhole 11:00- BBET 12:00- Lunch 1:30- Rest & Relax 2:30- Snack 3:00- BINGO! 4:00- Snow Ball Fight 5:00- Dinner	4	10:00- Starting up 10:30- Balloon Tennis 11:00- BBET 12:00- Lunch 1:30- Rest & Relax 2:30- Snack 3:00- Jeopardy TV Game Show 4:00- Sing Along 5:00- Dinner	5	10:00- Starting up 10:30- Bowling 11:00- BBET 12:00- Lunch 1:30- Rest & Relax 2:30- Snack 3:00- Jimmy Buffet Happy Hour 4:00- I am Grateful For.... 5:00- Dinner	6	10:00- Starting up 10:30- Noodle Ball 11:00- BBET 12:00- Lunch 1:30- Rest & Relax 2:30- Snack 3:00- Music Therapy 4:00- Scrabble 5:00- Dinner	7	11:00- Sit & Stretch 12:00- Lunch 1:30- Rest & Relax 3:00- Snack 3:30- Fancy Nails 4:00- BBET 5:00- Dinner	8
10:30- Devotions 11:00- Sit & Stretch 12:00- Lunch 1:30- Rest & Relax 2:30- Snack/Making Jewelry 3:00- BBET 5:00- Dinner	9	10:00- Starting up 10:30- Balloon Tennis 11:00- BBET 12:00- Lunch 1:30- Rest & Relax 2:30- Snack 3:00- Making Cards 4:00- Puzzles 5:00- Dinner	10	10:00- Starting up 10:30- Noodle Ball 11:00- BBET 12:00- Lunch 1:30- Rest & Relax 2:30- Snack 3:00- Chocolate Candies 4:00- Trivia Tuesday 5:00- Dinner	11	10:00- Dog Therapy 11:00- BBET 12:00- Lunch 1:30- Rest & Relax 2:30- Snack 3:00- Winter Mittens Craft 4:00- Card Games 5:00- Dinner	12	10:00- Starting up 10:30- 11:00- BBET 12:00- Lunch 1:30- Rest & Relax 2:30- Snack 3:00- Auction Game 4:00- Kind Words 5:00- Dinner	13	10:00- Starting up 10:30- Toss the Ball 11:00- BBET 12:00- Lunch 1:30- Rest & Relax 2:30- Snack 3:00- Fancy Nails 4:00- Hand Massages 5:00- Dinner	14	11:00- Sit & Stretch 12:00- Lunch 1:30- Rest & Relax 3:00- Snack 3:30- Sip N' Paint 4:00- BBET 5:00- Dinner	15
10:30- Devotions 11:00- Sit & Stretch 12:00- Lunch 1:30- Rest & Relax 2:30- Snack/Bingo 3:00- BBET 5:00- Dinner	16	10:00- Starting up 10:30- Soccer 11:00- BBET 12:00- Lunch 1:30- Rest & Relax 2:30- Snack 3:00- Tea Party! 4:00- Sorting 5:00- Dinner <i>Martin Luther King Jr. Day</i>	17	10:00- Starting up 10:30- Noodle Ball 11:00- BBET 12:00- Lunch 1:30- Rest & Relax 2:30- Snack 3:00- Trivia Game Show 4:00- Finish the Line 5:00- Dinner	18	10:00- Starting up 10:30- Bowling 11:00- BBET 12:00- Lunch 1:30- Rest & Relax 2:30- Snack 3:00- Tie Blankets Craft 4:00- Sing Along 5:00- Dinner	19	10:00- Starting up 10:30- Cornhole 11:00- BBET 12:00- Lunch 1:30- Rest & Relax 2:30- Snack 3:00- Baking with Makayla 5:00- Dinner 6:00- Dementia Support Group	20	10:00- Starting up 10:30- Balloon Tennis 11:00- BBET 12:00- Lunch 1:30- Rest & Relax 2:30- Snack 3:00- Music Therapy 4:00- Devotions 5:00- Dinner	21	11:00- Sit & Stretch 12:00- Lunch 1:30- Rest & Relax 3:00- Snack 3:30- Fancy Nails 4:00- BBET 5:00- Dinner	22
10:30- Devotions 11:00- Sit & Stretch 12:00- Lunch 1:30- Rest & Relax 2:30- Snack/Needle & Thread 3:00- BBET 5:00- Dinner <i>Activity Professionals Week</i>	23	10:00- Starting up 10:30- Bowling 11:00- BBET 12:00- Lunch 1:30- Rest & Relax 2:30- Snack 3:00- Oreo Cool Whip Recipe 4:00- January Quiz 5:00- Dinner	24	10:00- Starting up 10:30- Balloon Tennis 11:00- BBET 12:00- Lunch 1:30- Rest & Relax 2:30- Bake a Cake 3:00- Monthly B-day Party! 4:00- Matching Card Games 5:00- Dinner	25	10:00- Music Therapy 10:30- Soccer 11:00- BBET 12:00- Lunch 1:30- Rest & Relax 2:30- Snack 3:00- BINGO! 4:00- Brain Crunches 5:00- Dinner <i>Austin Day (observed)</i>	26	10:00- Starting up 10:30- Toss the Ball 11:00- BBET 12:00- Lunch 1:30- Rest & Relax 2:30- Snack 3:00- Iced Tea Flight! 4:00- Sensory Bin 5:00- Dinner	27	10:00- Starting up 10:30- Cornhole 11:00- BBET 12:00- Lunch 1:30- Rest & Relax 2:30- Snack 3:00- Fancy Nails 4:00- Soothing Scents 5:00- Dinner	28	11:00- Sit & Stretch 12:00- Lunch 1:30- Rest & Relax 3:00- Snack 3:30- Painting Decor 4:00- BBET 5:00- Dinner	29
10:30- Devotions 11:00- Sit & Stretch 12:00- Lunch 1:30- Rest & Relax 2:30- Snack/Board Games 3:00- BBET 5:00- Dinner	30	10:00- Starting up 10:30- Noodle Ball 11:00- BBET 12:00- Lunch 1:30- Rest & Relax 2:30- Snack 3:00- Tie-Dye Fun! 4:00- Guessing Game 5:00- Dinner	31	<i>Traditions at Reagan Park</i>									

Memory Care activities are subject to change.