

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1 style="font-family: cursive;">November 2019</h1> <p>Varietas Traditions at Reagan Park</p>						
10:00- Starting Up 3 10:45- Soccer 11:00- BBET 1:30- Finish the Line 2:00- Rest & Relax 3:30- Move n' Groove 5:00- Snack Time 6:00- BBET <small>Daylight Saving Time Ends</small>	9:30- Starting Up 4 10:00- Bust a Move 10:30- BBET 12:00- Lunch 1:00- Rest & Relax 2:00- Kitchen Time 3:00- Snack Time 4:00- Coloring 5:00- Dinner	9:30- Starting Up 5 10:00- Bowling 10:30- BBET 12:00- Lunch 1:00- Rest & Relax 2:00- Sponge Painting 3:00- Snack Time 4:00- Finish the Line 5:00- Dinner	9:30- Starting Up 6 10:00- Balloon Tennis 10:30- BBET 12:00- Lunch 1:00- Rest & Relax 2:00- Building Blocks 3:00- Snack Time 4:00- Clay Fun 5:00- Dinner	9:30- Starting Up 7 10:00- Dress up & Dance 10:30- BBET 12:00- Lunch 1:00- Rest & Relax 2:00- Hand Turkeys 3:00- Snack Time 4:00- Table Talk with Cards 5:00- Dinner	9:30- Starting Up 8 10:00- Soccer 10:30- BBET 12:00- Lunch 12:45- 12:45- Wa-Pe-Ke-Way Chapter, NSDAR Veterans Program 1:00- Rest & Relax 2:00- Fancy Nails 3:00- Snack Time 4:00- Telling Jokes 5:00- Dinner	10:00- Starting Up 9 10:30- Nicole Bridgens 11:00- BBET 1:00- Cool Down 2:30- Rest & Relax 3:30- BBET 5:00- Snack Time 6:00- Movie Time
10:00- Starting Up 10 10:45- Noodle Ball 11:00- BBET 1:30- Lifeway Church 2:00- Rest & Relax 3:30- Move n' Groove 5:00- Snack Time 6:00- BBET	9:30- Starting Up 11 10:00- Move n' Groove 10:30- BBET 12:00- Lunch 1:00- Rest & Relax 2:00- U.S.A. Flag Craft 3:00- Snack Time 4:00- Roll the Yarn 5:00- Dinner <small>Veterans Day (US) Remembrance Day (Canada)</small>	9:30- Starting Up 12 10:00- Balloon Tennis 10:30- BBET 12:00- Lunch 1:00- Rest & Relax 2:00- Birthday Party! 3:00- Snack Time 4:00- Spa Time 5:00- Dinner	9:30- Starting Up 13 10:00- Soccer 10:30- BBET 12:00- Lunch 1:00- Rest & Relax 2:00- Kitchen Time 3:00- Snack Time 4 & 6- Thanksgiving Dinner <small>RSVP at the Front Desk</small>	9:30- Starting Up 14 10:00- Bowling 10:30- BBET 12:00- Lunch 1:00- Rest & Relax 2:00- Pilgrims & Indians Craft 3:00- Snack Time 4:00- Reminiscing 5:00- Dinner	9:30- Starting Up 15 10:00- Bust a Move 10:30- BBET 12:00- Lunch 1:00- Rest & Relax 2:00- Fancy Nails 3:00- Snack Time 4:00- Fold Them Up 5:00- Dinner	10:00- Starting Up 16 10:45- Soccer 11:00- BBET 1:00- Cool Down 2:30- Rest & Relax 3:30- BBET 5:00- Snack Time 6:00- Movie Time
10:00- Starting Up 17 10:45- Balloon Tennis 11:00- BBET 1:30- Soothing Scents 2:00- Rest & Relax 3:30- Move n' Groove 5:00- Snack Time 6:00- BBET	9:30- Starting Up 18 10:00- Soccer 10:30- BBET 12:00- Lunch 1:00- Rest & Relax 2:00- Music Therapy (Ent) 3:00- Snack Time 4:00- Table Talk with Cards 5:00- Dinner 6:00- Dementia Support Group in the Cafe	9:30- Starting Up 19 10:00- Bowling 10:30- BBET 12:00- Lunch 1:00- Rest & Relax 2:00- Thread the Loops 3:00- Snack Time 4:00- Sort Them Out 5:00- Dinner	9:30- Starting Up 20 10:00- Bust a Move 10:30- BBET 12:00- Lunch 1:00- Rest & Relax 2:00- Paper Strips Pumpkin 3:00- Snack Time 4:00- Roll the Yarn 5:00- Dinner	9:30- Starting Up 21 10:00- Balloon Tennis 10:30- BBET 12:00- Lunch 1:00- Rest & Relax 2:00- Joe Clymer (Ent) 3:00- Snack Time 4:00- Toss the Ball 5:00- Dinner	9:30- Starting Up 22 10:00- Dress up & Dance 10:30- BBET 12:00- Lunch 1:00- Rest & Relax 2:00- Fancy Nails 3:00- Snack Time 4:00- Clay Fun 5:00- Dinner	10:00- Starting Up 23 10:45- Noodle Ball 11:00- BBET 1:00- Cool Down 2:30- Rest & Relax 3:30- BBET 5:00- Snack Time 6:00- Movie Time
10:00- Starting Up 24 10:45- Bowling 11:00- BBET 1:30- Lifeway Church 2:00- Rest & Relax 3:30- Move n' Groove 5:00- Snack Time 6:00- BBET	9:30- Starting Up 25 10:00- Bust a Move 10:30- BBET 12:00- Lunch 1:00- Rest & Relax 2:00- Water Color Fun 3:00- Snack Time 4:00- Soothing scents 5:00- Dinner	9:30- Starting Up 26 10:00- Balloon Tennis 10:30- BBET 12:00- Lunch 1:00- Rest & Relax 2:00- Leaf Painting 3:00- Snack Time 4:00- Toss the Ball 5:00- Dinner	9:30- Starting Up 27 10:00- Dress up & Dance 10:30- BBET 12:00- Lunch 1:00- Rest & Relax 2:00- Turkey Headband 3:00- Snack Time 4:00- Telling Jokes 5:00- Dinner	9:30- Starting Up 28 10:00- Bowling 10:30- BBET 12:00- Lunch 1:00- Rest & Relax 2:00- Kitchen Time 3:00- Snack Time 4:00- Painting 5:00- Dinner <small>Thanksgiving Day (US)</small>	9:30- Starting Up 29 10:00- Soccer 10:30- BBET 12:00- Lunch 1:00- Rest & Relax 2:00- Fancy Nails 3:00- Snack Time 4:00- Coloring 5:00- Dinner	10:00- Starting Up 30 10:45- Balloon Tennis 11:00- BBET 1:00- Cool Down 2:30- Rest & Relax 3:30- BBET 5:00- Snack Time 6:00- Movie Time

Memory Care Activities are subject to change.